



Fred Eatery Menu

<https://menuweb.menu>
220 Mount Barker Road Aldgate SA 5154, Australia
+61883391899 - <http://www.fredeatery.com.au>



On this homepage, you will find the **complete menu** of Fred Eatery from [Aldgate](#). Currently, there are **78** meals and drinks available. Fred's Eatery offers a mix of reviews from patrons with varying experiences. Some guests were disappointed by the food quality and service, feeling rushed out of their tables. Others enjoyed the vibrant atmosphere, tasty food, and friendly service. The menu offers a variety of options, from delicious breakfast to mouth-watering steaks, with unique food combinations that work well. The restaurant is also pet-friendly, making it a great spot for furry friends. Overall, Fred's Eatery seems to offer a unique dining experience with both highs and lows, making it worth a visit for those looking for a new culinary adventure in the Adelaide Hills.

Fred Eatery Menu



Salads

HALLOUMI SALAD

Entrées

SQUID

Pizza

SPECIAL PIZZA

Vegetarian

SPINACH TART

Gnocchi

GNOCCHI

Seafood

CALAMARI

Pork

PORK BELLY

Starters & Salads

FRENCH FRIES

Soft Drinks

JUICE

Tapas

EGGPLANT TAPAS

Croques

CROQUE MONSIEUR

Kids Meal

KIDS MEAL

Egg Dishes

OMELETTE

Add On

ADD HALOUMI

A\$8

Hot Drink

HOT CHOCOLATE

Mexican-American Food

EMPANADAS

Sides

SWEET POTATO

Uncategorized

SALT & PEPPER SQUID

A\$47

Sandwiches

REUBEN SANDWICH

EGG ROLLS

Side Dishes

BAKED BEANS

FRIES

A\$16

Hot Drinks

TEA

COFFEE

Fred Eatery Menu



Coffee

ICED COFFEE

LATTE

Toast

AVOCADO TOAST

FRENCH TOAST

TOAST

Breakfast

SCRAMBLED EGGS

BIG BREAKFAST

GRANOLA

Drinks

GLASS OF WINE

DRINKS

SMOOTHIES

Lunch

HOT & SOUR NOODLE BROTH A\$30

GREEN GREEN BOWL A\$35

REUBEN BY FRED A\$41

Indian



CHAI LATTE

YELLOW CURRY

CHAI

CHICKEN CURRY

Dessert

TARTUFO

MILKSHAKES

BROWNIES

CHEESECAKE

BREAD PUDDING

These Types Of Dishes Are Being Served



TUNA STEAK

SALAD

NOODLES

SANDWICH

BURGER

TOSTADAS

DESSERTS

LAMB

FISH

MEAT

PANINI

SOUP

CHICKEN

Ingredients Used



EGG

KIMCHI

BEEF

AVOCADO

TOMATOES

SPINACH

BANANA

FRUIT

DUCK

ZUCCHINI

TUNA

Fred Eatery Menu



PARMESAN

PORK MEAT

MILK

POTATOES

MUSHROOMS

PESTO

COCONUT

CHOCOLATE

HAM

SEAFOOD

CHEESE

BACON

BEANS

Fred Eatery

220 Mount Barker Road Aldgate
SA 5154, Australia

Opening Hours:

Sunday 07:30-15:30
Tuesday 07:30-16:00
Wednesday 07:30-16:00
Thursday 07:30-16:00
Friday 07:30-16:00
Saturday 07:30-15:30

Made with [Menu](#)

