



CLEAN IS THE NEW HEALTHY

Menu item Ingredient	Names
Slow Cooked Beef	Beef [Beef, Salt, Vegetable Extract (Garlic), Spice Extract (Pepper)], Marinade [Water, Vinegar, Soybean Oil, Orange Juice Concentrate, Powder Achiote Seed, Salt, Spices, Garlic, Chilli, Onion, Modified Corn Starch (Distarch Phosphate), Natural Food Acid (Citric Acid, Tartaric Acid)].
Slow cooked pork	Pork, Water, Soy Protein, Salt, Mineral Salts (Potassium Tripolyphosphate, Sodium Pyrophosphate), Dextrose (Tapioca, Maize), Vegetable Powder (Garlic), Spice (Pepper), Canola Oil.
Pan Seared Barramundi	Barramundi, Marinade [Water, Garlic, Soybean Oil, Vinegar, Salt, Natural Food Acid (Malic Acid), Chilli, Lemon Juice Concentrate, Spices, Thickener (Xanthan Gum), Natural Food Acid (Citric Acid)], Canola Oil.
Grilled Chicken	Free Range Chicken Maryland, Marinade [Water, Vinegar, Soybean Oil, Orange Juice Concentrate, Powder Achiote Seed, Salt, Spices, Garlic, Chilli, Onion, Modified Corn Starch (Distarch Phosphate), Natural Food Acid (Citric Acid, Tartaric Acid)], Canola Oil. Carrot, Firming Agent (Calcium Chloride).
Ground Beef	Beef, Orange Juice, Tomato Paste (Contains Citric Acid), Garlic, Onion, Herb & Spices, Tapioca Starch, Salt.
Sautéed Vegetables	Capsicum, Onion, Mushroom, Corn, Canola Oil.
Tomatillo Salsa	Tomatillo, Onion, Chilli, Coriander, Salt, Natural Food Acid (Tartaric Acid), Garlic.
Spicy Sauce	Water, Vinegar, Chilli, Sugar, Soybean Oil, Salt, Tomato Paste, Onion, Garlic, Modified Corn Starch (Distarch Phosphate), Natural Food Acid (Tartaric Acid), Spices.
Black Beans	Water, Black Bean, Onion, Tomato Paste, Salt, Chilli, Soybean Oil.
Pico de gallo	Fresh Tomato, Fresh Spanish Onion, Fresh Coriander, Salt, Lemon Juice.
Guacamole	Avocado, Pico De Gallo [Tomato, Spanish Onion, Coriander, Salt, Lemon Juice], Fresh Jalapeno, Lemon Juice, Salt.
Lettuce Mix	Fresh Mesculin Lettuce, Fresh Cos Lettuce.
Corn	Fresh Corn.
Cucumber	Fresh Cucumber.
Jalapeno	Fresh Jalapeno.
Mexican Vinaigrette	Canola Oil, Lemon Juice, Water, White Vinegar, Gluten Free Soy Sauce (Water, Soybeans, Rice, Salt), Chipotle Peppers, Herbs and Spices, Garlic Powder, Salt, Vegetable Gum (Xanthan Gum), Natural Antioxidant (Tocopherols Concentrate).
Pickled Jalapeno	Water, Jalapeño Chilli Pepper, Vinegar, Salt, Soybean Oil, Spices, Carrot, Firming Agent (Calcium Chloride).
Corn Chips	Corn Flour, Vegetable Gums (Guar Gum, Cellulose Gum), Water, Natural Acidity Regulator (Citric Acid), Cooking Oil [Vegetable Oil (High Oleic Sunflower Oil, High Canola Oil and Canola Oil), Anti-Foam (Polydimethylsiloxane)], Salt.

Flour Tortillas	Wheat Flour [Vitamins (Thiamine, Folic Acid)], Water, Vegetable Oil [Natural Antioxidant (Tocopherols Concentrate)], Sugar, Baking Powder [Mineral Salts (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Calcium Phosphate)], Acidity Regulator (Fumaric Acid), Iodised Salt, Mineral Salt (Sodium Bicarbonate), Yeast.
Soft Taco and Quesadilla Corn Tortilla	Corn Flour, Vegetable Gum (Cellulose Gum), Water, Natural Acidity Regulator (Calcium Hydroxide).
Hard taco shell	Corn Flour, Vegetable Gum (Cellulose Gum), Water, Natural Acidity Regulator (Calcium Hydroxide), Cooking Oil [Vegetable Oil (High Oleic Sunflower Oil, High Canola Oil And Canola Oil), Anti-Foam (Polydimethylsiloxane)].
Aussie Jack Cheese	Pasteurised Milk, Salt, Tapioca Starch, Starter Cultures, Enzyme (Non-Animal Rennet).
Sour Cream	Light Cream, Halal Gelatine, Sour Cream Culture.
Plain Queso	Water, Cheese (Milk, Salt, Starter Culture, Enzymes), Bullhorn Peppers, Mineral Salt (Potassium Pyrophosphate, Sodium Pyrophosphate, Potassium Phosphate, Calcium Phosphate), Onion, Corn Starch, Jalapeno, Garlic, Natural Food Acid (Citric Acid), Stabiliser (Xanthan Gum), Salt.
Brown Rice	Water, Brown Rice, Canola Oil, Vegetable Stock [Southern Ocean Sea Salt, Maize Maltodextrin, Cane Sugar, Yeast Extract, Vegetable Power (Onion, Spinach, Garlic and Celery), Natural Vegetable Flavours, Canola Oil, Extra Virgin Olive Oil], Salt.
White Rice	Water, White Rice, Canola Oil, Vegetable Stock [Southern Ocean Sea Salt, Maize Maltodextrin, Cane Sugar, Yeast Extract, Vegetable Powder (Onion, Spinach, Garlic and Celery), Natural Vegetable Flavours, Canola Oil, Extra Virgin Olive Oil], Salt.
GYG Chipotle Seasoned Fries	Potato, Canola Oil, Cooking Oil [Vegetable Oil (High Oleic Sunflower Oil, High Canola Oil And Canola Oil), Anti-Foam (Polydimethylsiloxane)], Seasoning [Salt, Spices (Chipotle, Paprika, Chilli), Sugar, Natural Flavours (from Celery and Yeast Extract), Vegetable Powders (Onion, Garlic), Vinegar Powder [Corn Maltodextrin, Vinegar], Natural Food Acid (Citric Acid), Natural Anti-Caking Agent (Magnesium Carbonate), Smoke Flavour].
Jalapeno Ketchup	Ketchup [Concentrated Organic Tomatoes, Organic Sugar, Salt, Organic White Vinegar (from Wheat), Natural Flavour (Contains Garlic), Spice], Roasted Jalapeno Salsa [Water, Jalapeño, Chilli, Vinegar, Salt, Spices, Onion, Modified Corn Starch (Acetylated Distarch Adipate), Natural Food Acid (Tartaric Acid), Sugar, Thickener (Xanthan Gum), Garlic].
Chipotle Mayo	Mayonnaise [Canola Oil (Antioxidant (Tocopherols Concentrate)), White Vinegar, Whole Egg, Sugar, Salt, Mustard, Stabilisers (Guar Gum, Xanthan Gum), Antioxidant (Tocopherols Concentrate from Soy, Calcium Disodium Edta)], Spicy Sauce [Water, Vinegar, Chilli (Chipotle), Sugar, Soybean Oil, Salt, Tomato Paste, Onion, Garlic, Modified Corn Starch (Distarch Phosphate), Natural Food Acid (Tartaric Acid), Spices].

Chimichurri mayo	Canola Oil, Water, Herbs and Spices (Coriander, Black Pepper), White Vinegar, Potato Protein, Salt, Sugar, Lemon Juice, Garlic Powder, Vegetable Gum (Guar Gum), Coriander Oil.
Churros	Churros [Water, Wheat Flour (Vitamin (Thiamin, Folic Acid)), Canola Oil, Sugar, Salt, Natural Vanilla Bean Paste], Cooking Oil [Vegetable Oil (High Oleic Sunflower Oil, High Canola Oil And Canola Oil), Anti-Foam (Polydimethylsiloxane)], Cinnamon Sugar [Sugar, Cinnamon, Anti-Caking Agent (Magnesium Carbonate)].
Dulce de Leche	Water, Brown Sugar, Milk Powder, Invert Sugar (Sugar, Water), Humectant (Glycerin), Modified Starch (Acetylated Distarch Adipate), Burnt Sugar, Mineral Salt (Sodium Phosphate, Sodium Bicarbonate)
Habanero Salsa	Water, Vinegar, Chilli (Habanero), Sugar, Tomato Paste, Salt, Tamarind Pulp, Orange Juice Concentrate, Natural Food Acid (Citric Acid, Ascorbic Acid), Thickener (Xanthan Gum), Spices, Garlic, Turmeric Powder.
Roasted Jalapeno Salsa	Water, Chilli (Jalapeño), Vinegar, Salt, Spices, Onion, Modified Corn Starch (Acetylated Distarch Adipate), Natural Food Acid (Tartaric Acid), Sugar, Thickener (Xanthan Gum), Garlic.
Smoky Chipotle Salsa	Water, Vinegar, Sugar, Chilli (Chipotle), Salt, Onion, Garlic, Modified Corn Starch (Acetylated Distarch Adipate), Tomato Paste, Thickener (Xanthan Gum), Spices.
Pickles	Water, Jalapeño Chilli Pepper, Carrot, Vinegar, Salt, Onion, Soybean Oil, Spices, Firming Agent (Calcium Chloride).
BREAKFAST	
Chicken Chorizo	Pork Casing. Free Range Chicken, Salt, Spice, Skim Milk Powder, Dextrose (Maize or Tapioca), Mineral Salt (Potassium Pyrophosphate), Antioxidant (Sodium Erythorbate), Vegetable Powder, Fermented Red Rice.
Bacon	Pork (85%), Water, Salt, Cultured Sugar, Flavour [(Flavour, Dextrose (Maize), (Yeast Extract, Citrus Extract)], Sugar, Vinegar, Starch (Potato), Smoke Flavour. Smoked.
Sourdough	Water, Wheat Flour (Gluten), Wholegrain Flour (Gluten), Sourdough Starter (Gluten), Bran, River Salt, Malt Powder.
Scrambled Eggs	Free Range Eggs, Milk, Butter, Salt.
Hash Browns	Potato, Canola Oil, Salt, Spice Extract, Cooking Oil [Vegetable Oil (High Oleic Sunflower Oil, High Canola Oil And Canola Oil), Anti-Foam (Polydimethylsiloxane)].
Avocado	Avocado, Lemon Juice, Salt