



LUNCH MENU

DINE AL FRESCO

Why not dine outside in The Courtyard?

FREE PARKING

2 hours free parking with €20 spend on lunch

THE CRYSTAL BAR

ALLERGEN LIST

We cannot guarantee completely allergen free meals.

This is due to possible traces of allergens in the working environment and supplied ingredients. Please advise our staff if you have intolerance or are allergic to a particular type of food.

- | | |
|------------------------------|---------------------------------|
| 1. Cereals containing gluten | 10. Mustard |
| 2. Crustaceans | 11. Sesame Seeds |
| 3. Eggs | 12. Sulphur dioxide & sulphites |
| 4. Fish | 13. Lupin |
| 5. Peanuts | 14. Molluscs |
| 6. Soybeans | GF Gluten Free |
| 7. Dairy | V Vegetarian |
| 8. Nuts | |
| 9. Celery | |

THE BEACON

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MHL
HOTEL COLLECTION

THE CRYSTAL BAR

LUNCH MENU

12.00pm – 5.00pm
Monday to Sunday

THE
BEACON

BEACON FAVOURITES

TURKEY WRAP 8

Roast turkey breast, confit beetroot, mixed salad, tomato, red onion and cranberry sauce rolled in a beetroot wrap
Contains: 1, 12

TOASTED CLUB SANDWICH 12.50

Poached chicken breast, streaky bacon, lettuce, tomato and tartar egg mayo on herb focaccia bread, served with chips
Contains: 1, 3, 12, 13

TOASTED HAM & CHEESE 8

A multigrain bread roll toasted with roast ham, red cheddar cheese and tomato relish *Contains: 1, 7, 12*

CHICKEN CAESAR SALAD WRAP 10

Romaine lettuce, poached chicken breast, streaky bacon, herb croutons and grated parmesan tossed in a Caesar dressing, rolled in a beetroot wrap *Contains: 1, 3, 4, 7, 10*

CRISPY DUCK SALAD 12

Crispy shredded confit duck, wombok, bean sprouts, coriander and red onion tossed in mango and ginger with sesame oil dressing *Contains: 1, 11, 12*

CHICKEN CAESAR SALAD 12

Romaine lettuce, poached chicken breast, streaky bacon, herb croutons and grated parmesan tossed in a Caesar dressing
Contains: 1, 2, 4, 9, 10, 11, 12

SMOKED SALMON SALAD 12

Smoked salmon, mixed leaves, tomato, baby potatoes, green beans and red onions tossed in a house dressing
Contains: 1, 4, 6,

SOUP & FRESH CUT SANDWICH COMBO 10

Chef's soup of the day with fresh cut sandwich
Choose two fillings: ham, cheese, poached chicken, tartar egg mayo, lettuce, red onion, tomato or roast turkey
Contains: 1, 3, 7, 12.V

FROM THE GRILL

All beef is 100% Irish

FISH & CHIPS 15

Dill marinated cod fillet fried in a traditional homemade butter, with mushy peas, basil and tartar sauce, served with chips
Contains: 1, 2, 3

10oz SIRLOIN STEAK 26

Grilled marinated 10oz steak served with caramelised onions, mushrooms and chips *Contains: 1, 6, 12*

8oz BEEF BURGER & CHIPS 16

Streaky bacon, red cheddar, sriracha mayo, lettuce and tomato on a brioche bun, served with chips
Contains: 1, 3, 11, 12

PIRI PIRI CHICKEN BURGER & CHIPS 15

Wasabi mayo, lettuce, tomato relish and pickles on a brioche bun, served with chips *Contains: 1, 3, 11, 12*

FISH BURGER & CHIPS 12

Wasabi mayo, lettuce, tomato relish and pickles, on a brioche bun, served with chips *Contains: 1, 3, 4, 6, 11, 12*

GRILLED VEGGIE CIABATTA 10

Grilled mixed vegetables tossed in tomato relish, soy sauce and grated parmesan cheese on ciabatta bread with mozzarella, served with chips *Contains: 1, 6, 7, 12.V*

BEEF BRISKET CIABATTA 12.50

Slow braised pulled beef brisket with horseradish mayo, beetroot and mustard on ciabatta bread with romaine lettuce sprinkled with crispy shallots, served with chips
Contains: 1, 3, 6, 9, 10, 12



ALLERGEN INFO

Please see the back of this menu for allergen information

TASTE OF THAI

RED THAI VEGETABLE CURRY 15

Thai red chillies, lemongrass, galangal, red curry paste, coconut milk, peppers, aubergine and onions *Contains: 6, V, GF*

GREEN THAI CHICKEN CURRY 17

Traditional green chicken curry finished with coconut milk, bamboo shoots, lime leaves, lemongrass, aubergine, onions and fish sauce *Contains: 2, 4, 6, GF*

PANANG NUEA 21

Thai beef curry with onion, peanuts, green beans, baby potatoes and bamboo shoots finished with coconut milk
Contains: 2, 4, 5, GF

NASI GORENG 19

Stir fried coconut rice with prawns and chicken topped with a fried egg, chicken satay skewer and homemade peanut sauce
Contains: 1, 2, 3, 4, 5, 6, 12

GINGER BEEF & BROCCOLI 21

Stir fried beef fillet strips with flat rice noodles, broccoli, carrot fried with ginger and garlic bound in a sticky oyster and soy sauce *Contains: 1, 2, 4, 5, 6*

All curries are served with steamed coconut basmati rice or egg fried rice to your choice.
Add prawns, beef or chicken for €3.

BENTO BOX OF THE DAY 15

please ask your server

SWEET TREATS

COCONUT BROWNIE 6

Served with coconut ice cream *Contains: 1, 3, 7, 8, 13.V*

PASSION FRUIT & HONEY POSSET 7

With lime and lemon, toasted almond and fresh melon with raspberry coulis *Contains: 1, 7, 8, GF,V*

WHITE CHOCOLATE & RASPBERRY CHEESE CAKE 7

Contains: 1, 3, 6, 7, 13,V

