

McGETTIGANS COOKHOUSE

LUNCH MENU Mon – Fri 12pm – 3pm



Peckish?

Signature starters to have on their own, with some sides or before the main attraction!

CHICKEN WINGS (1 wheat / 3 / 7 / 9 / 12) **8.95 / 13.50**
served with a Cashel blue dip (7) & celery (6/11)

SEAFOOD CHOWDER (1 wheat & oatmeal / 2 / 4 / 7 / 14 / GFA)
Cream based with fresh seafood & shellfish **9.50**

SLOW COOKED PORK BELLY (1 / 7 / 11 / 12) **9.50**
served with black pudding, apple & watercress

GARLIC & CHILLI BUTTERED PRAWNS
(2 / 4 / 7 / 10 / 12 / 14) **11.95**
Pan-fried with garlic & chilli, served with toasted sourdough

HOMEMADE SOUP OF THE DAY (1 wheat / 7) **6.25**
with Guinness bread

BLUE CHEESE SALAD (7 / 8 walnut / 10 / 12) **10.95**
Comice pears, candied walnut and mixed leaf salad

UNDER 500 CALORIES

SUPERFOOD SALAD (1 / 3 / 4 / 7 / GFA) **9.95 / 15.50**
Spinach, baby gem, kale, quinoa, sweet potato, walnuts, avocado, broccoli, feta, beetroot & a homemade vinaigrette
Add chicken 3.00 / beef 4.00 / prawns 4.00 / halloumi cheese 3.00

CLASSIC CEASAR SALAD (8 / 7 / 10 / 12) **10.50**
with cos lettuce, parmesan, crispy bacon topped with a boiled egg

Pizza?

12" gourmet pizza with our own homemade tomato & herb sauce

MARGHARITA (1 wheat / 7) **14.95**
Mozzarella cheese, sundried tomato, black olives

PEPPERONI (1 wheat / 7 / 12) **15.95**
Mozzarella cheese loaded with pepperoni

FUNGHI (1 wheat / 7) **14.95**
Mozzarella cheese, wild mushroom & rocket salad

NDUJA (1 wheat / 7 / 12) **19.95**
Nduja sausage, Mozzarella cheese, sundried tomatoes & basil

Ravenous?

Our signature main courses for the very hungry!

McGETTIGANS STEAK BURGER (1 wheat / 3 / 10 / 11) **18.95**
served in a charcoal bun with Applewood cheddar, baby gem, beef tomato, red onion, bacon, pickled gherkins, a mustard mayo & fries

CAJUN CHICKEN BURGER (1 wheat / 3 / 7 / 11) **18.95**
served in a charcoal bun with spinach, chorizo spread, beef tomato, red onion, goats cheese & fries

SOY GLAZED LADDER OF BEEF
(1 wheat / 6 / 7 / 9 / 10 / 12) **18.95 / 21.95**
with crispy shallots, roast carrot, watercress and skinny fries.

BEER BATTERED FISH & CHIPS (1 wheat / 3 / 4 / 12) **17.95**
Lightly battered fillet of fresh cod, homemade tartare sauce, pea purée & Cookhouse fries

10oz. IRISH NATURE SIRLOIN STEAK
(1 wheat / 6 / 7 / 9 / 12) **26.50**
served with a watercress salad & fries with a choice of garlic butter or peppercorn sauce

NON MEAT OPTIONS

WILD MUSHROOM RISOTTO (7 / 8 walnut / 9 / 12) **16.95**
Homemade ricotta cheese, oyster mushrooms, with a walnut dressing & watercress salad

SPICED LENTIL BURGER (1 wheat / 3 / 7 / 9 / 11) **16.95**
served in a charcoal bun with golden beet slaw, baby gem & fries

Fancy a sandwich?

THE CLUB (1 wheat / 3 / 7) **11.95**
Triple decker with chicken, bacon, lettuce, tomato & egg

6oz. SIRLOIN STEAK (1 wheat / 3 / 7 / 12) **12.00**
served on toasted olive ciabatta with semi roasted tomatoes, sweet balsamic, rocket & horseradish mayo

BAKED HAM & MONTERAY JACK (1 wheat / 3 / 7 / 10) **8.75**
Served on toasted glass bread with cos lettuce, spring onion, cucumber & a light mustard mayonnaise

OPEN CRAYFISH (1 wheat / 2 / 3 / 4 / 7) **9.50**
Served on Cookhouse Guinness bread with smoked salmon in a dill & lime mayo

Some sides?

COOKHOUSE FRIES (1 wheat) **4.25**

CHUNKY CHIPS (1 wheat / 12) **4.50**

SWEET POTATO FRIES (1 wheat) **4.95**

TEMPURA BATTERED ONION RINGS (1 wheat) **4.50**

CHARD TENDER STEM BROCCOLI (1 wheat / 7 / 12) **4.50**
Roast fennel & lemon oil dressing with roasted pine nuts

MIXED LEAF SALAD (1 / 8) **4.95**
with house dressing

Something sweet?

CHOCOLATE BROWNIE (1 wheat / 3 / 5 walnut / 7) **6.95**
served with Kahlua caramel, peanut butter ice cream & candied walnuts

BABY GUINNESS (1 wheat / 3 / 8 hazelnut / 7) **6.95**
Caramel jelly & Guinness chocolate mousse with hazelnut praline & Co. Wexford roast barley ice cream

LEMON CARDAMOM POSSET (1 wheat / 3 / 7 / 8 walnut) **7.25**
Candied walnut, blackberry, strawberry ice cream & gingerbread snap

PISTACHIO NUT CHEESECAKE (1 / 3 / 7 / 8) **7.25**
on chocolate feuilletine base, served with lime or ginger ice cream

DESSERT OF THE DAY
Please ask your server



ALLERGEN LIST

1. Gluten & Wheat **2.** Crustaceans **3.** Eggs **4.** Fish **5.** Peanuts **6.** Soya **7.** Dairy **8.** Nuts **9.** Celery **10.** Mustard **11.** Sesame **12.** Sulphites **13.** Lupin **14.** Molluscs

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