



BAR MENU



Sandwiches

Club Sandwich

Toasted triple-decker, chicken, bacon, lettuce, tomato and egg mayo. Served on brown or white sliced pan (incl. soup or chips)

€11.50 1 | 7 | 10 | 12

Philly Cheese Steak Ciabatta

Sirloin of beef, sautéed onion & peppers, mozzarella & garlic mayo (incl. soup or chips)

€11.50 1 | 3 | 7 | 10 | 12

Cajun Chicken Wrap

Pan fried chicken breast, cos lettuce, jalapeno peppers, piri piri sauce and garlic mayo (incl. soup or chips)

€11.50 1|3|7|10

Bar Sandwich 1131417110 Create Your Own!

Create your own single decker sandwich on either white or brown sliced pan, toasted or not toasted

1 Meat & Up to 3 Salads included **€5.95** Extra Meat: €1 | Extra Salad: 50c

Meats: Ham, Chicken, Bacon, Tuna Salads: Lettuce, Onion, Tomato, Egg Mayo, Cheddar Cheese

Soup and Sambo Special

Create your own sandwich from above and add a homemade bowl of soup for just €7.95

Brunch Bap

Toasted brioche bun, sausage, bacon and ketchup (incl. filtered tea/coffee)

€5.95 1|3|7|10|12



Light Bites

Homemade Soup of the Day

Served with brown soda bread €5.95 1|7|8

Louisiana Chicken Wings

Served with blue cheese dip and celery sticks

SMALL €7.95 | LARGE €12.95 3 | 7 | 9 | 10

Tempura Prawns

Prawns in a light tempura batter served with aioli small €8.95 | LARGE €15.95 1|2|3|10

Goats Cheese Crostini

Toasted Italian bread, beetroot, honeyed goats cheese, rocket pesto €6.95 1|7|8

3 Egg Omelette

Choice of 1 meat & 3 salads. Served with white or brown toast, or brown soda bread **€8.95** 1|3|7|8

Salads

Cajun Chicken Salad

Cajun chicken, croutons, crispy bacon, red onion, cucumber, parmesan, cherry tomato, seasonal leaves and honey mustard dressing

SMALL €7.95 | LARGE €11.95 1 8 10

Smoked Salmon Salad

Avocado, chicory, orange segments, baby leaves and chilli lime dressing

SMALL €7.95 | LARGE €11.95 4 | 7 | 10

Super Food Salad

Chickpeas, quinoa, roasted sweet potato, pomegranate, feta, mixed baby leaf, toasted nuts & seeds

SMALL €7.95 | LARGE €11.95 7 | 8 ADD CHICKEN FOR €3

Bigger Bites

Fish & Chips

Haddock fillet in crispy chilli and coriander batter, homemade tartar sauce, pea & mint puree and chunky chips

€12.95 1|3|4|7|10

Market Fish of the Day

Ask your server for today's fresh catch

Priced daily

Chicken Curry

Malaysian style curry, basmati rice & prawn crackers €14.95₂

Pasta Dish Of the Day

Ask your server for today's pasta special

€12.95 1|3|7

10oz Ribeye

Grilled premium Irish ribeye, seasonal leaves, flat cap mushroom, grilled asparagus and chunky chips with cognac green peppercorn sauce or garlic butter

€24.95 7 | 10 | 12

8oz Fillet

Grilled premium Irish fillet beef, seasonal leaves, flat cap mushroom, grilled asparagus and chunky chips with cognac green peppercorn sauce or garlic butter

€29.50 7 | 10 | 12

32oz Tomahawk Steak for Two

Creamed potato, green beans and bacon, onion rings, sautéed mushroom and onions, chunky chips, peppercorn sauce and garlic butter

€65 7 | 10 | 12

Burgers

The Knock Burger

Prime beef burger topped with bacon and cheese, lettuce, tomato and onion, served in a brioche bun with chunky chips

€14.95 1 | 3 | 7 | 10 | 12

Caribbean Chicken Burger

Buttermilk chicken fillet, avocado mayo and mango salsa, served in a brioche bun with chunky chips

€14.95 1|3|7|10|12

The Hole-in-One

Double beef patty, BBQ sauce, onion ring, double bacon and double cheese served in a brioche bun with chunky chips

€18.95 1 | 3 | 7 | 10 | 12

Sides

Chunky Chips	€4
Onion Rings 1	€4
Honey Roast Root Vegetables	€4
Mixed Greens	€4
Creamy Champ Mash 7	€4
Sautéed Onions and Mushrooms	€4
House Salad 10	€4

Allergens

1	Cereals	(Wheat,	Gluten)

2 Crustaceans (Prawns/Crab)

9 Celery

8 Nuts

3 Egg

4 Fish

7 Milk

5 Peanuts 6 Soy Beans 12 Sulphur Dioxide/Sulphites

13 Cupin 14 Molluscs

10 Mustard

11 Sesame Seeds

