

CONNEMARA COAST

— HOTEL —



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Starters - Mar Thús

Homemade Soup of the Day Anraith Úr an Lae (ag) (av) with Homemade Brown Bread 1,3,6,7,9	€4.50
Aran Island Seafood Chowder Seabhdar Bia Mara with Dillisk Seaweed & Homemade Brown Bread 1,2,3,4,6,7,9,12	€6.50
Breaded Chicken Goujons Sicín Goujons with Garlic Mayonnaise 1,3,5,6,7,8,9,10,12	€7.50
West Coast Fishcake Cáca Éisc with a Lemon & Basil Reduction 1,3,4,6,7,8,10,12	€7.95
Spicy Chicken Wings Eifí Sicín With a Louisiana BBQ Sauce 1,3,6,7,10,11,12	€7.95
Crispy Panko Breaded Calamari Rings Fainní Calamari Briosc With a Lime & Coriander Dip 1,3,4,6,10,12	€7.15
Duo of Smoked Salmon and Smoked Mackerel Bradán & Ronnach Deataithe With Baby Leaves, Dillisk Yoghurt & Mini Capers 1,3,4,7,10,12	€11.50
Toasted Garlic Bread Áran Gairleoige Topped with Mozzarella with a Tomato and Basil Salsa 1,3,7,10	€4.95

(ag) = available Gluten Free, (av) = available as a Vegetarian Dish

Menu Allergen Codes: 1. Cereals containing Gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soya 7. Milk 8. Nuts 9. Celery 10. Mustard 11. Sesame Seeds 12. Sulphur Dioxide and Sulphites 13. Lupin 14. Molluscs

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Salads - Sailéad

Goats Cheese Salad €9.50

Sailéad Cáis Gabhar **(ag)(av)**
with a Toasted Walnuts
1,7,10,12

Superfood Salad €9.75

Sailéad Sárbhia
with Baby Leaves, Beetroot, Cucumber, Cherry Tomato,
Toasted seeds with a Honey Dressing
3,6,10

Crispy Bacon Caesar Salad €9.75

Sailéad Caesar le bagún briosc
with Croutons, Parmesan Cheese & a Lime Dressing
Add Chicken €2.00
1,3,4,6,7,10,12

Sandwiches and Wraps

Ceapairí agus Fillteoga

Add soup to any Sandwich or Wrap for only €3.00

Freshly made Sandwiches €4.95

Ceapairí Úra **(ag)(av)**
on Brown or White Bread

Choose **two** of the following fillings:
Ham, Cheese, Chicken, Salad or Tuna
1,3,4,6,7,10,12

Toasted Special €5.50

Ceapaire Tóstálte **(ag)(av)**
with Ham, Cheese, Tomato and Onion
1,3,6,7,10,12

Open Connemara Smoked Salmon €10.75

Bradán Deataithe
Chonamara **(ag)**
on Brown Bread with Capers & Red Onion
1,3,4,6,7,10,12

Cajun Chicken Wrap €7.50

Fillteog SicIn Cajun
with a Homemade Guacamole
1,3,6,7,10,12

Goats Cheese & Beetroot Wrap €7.50

Fillteog Cais Gabhar & Biatas
with Connemara Honey Mayonnaise Dressing
1,3,6,7,10

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- The Classic BLT** €7.50
An BLT Claisaiceach **(ag)**
Bacon Lettuce & Tomato Club Sandwich
1,3,6,7,10,12
- Coast Club Sandwich** €7.50
Ceapaire Club an Chósta **(ag)**
with a Choice of Dip
1,3,6,7,10,12
- Steak Sandwich** €14.75
Ceapaire Stéig **(ag)**
with Sundried Tomato Dip
1,3,6,7,10,12

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Main Courses - Príomchúrsaí

Galway Hooker Beer Batter Fish & Chips Iasc & Sceallogá with a Pea Puree & Tartar Sauce 1,3,4,6,7,8,10,12	€15.50
Boz Sirloin Steak Stéig Chaoldrama (ag) with Homemade Onion Rings & Chips Choice of Garlic Butter or Pepper & Whiskey Sauce 1,6,7,9,12	€21.50
Pan Fried Breast of Chicken Brollach Sicín (ag) with Creamed Potatoes & a red Wine Jus served with Vegetables and Potatoes 6,7,9,12	€13.75
Connemara Lamb Shank Lorga Uaineola with Roast Vegetables & a Rosemary Jus 6,7,9	€18.50
Fillet of Salmon Iasc & Lae (ag) with a Julienne of Vegetables & a Beetroot & Ginger Reduction 4,6,7,9,10,12	€15.95
Teach Furbo Beef Burger Burgar Mairteola Baile de Dhéantus Baile topped with Cheese & Bacon served with Chips 1,3,6,7,8,10,12	€12.95
Galway Bay Seafood Platter Trinsiúr de Bhia Mara (ag) with Marie Rose Sauce & Brown Bread 1,2,3,4,6,7,10,12	€18.50
Herb Crusted Fillet of Cod Filléad Trosc (ag) with Buttered Greens & a Lime Beurre Blanc 4,6,7,9,12	€15.95
Chicken Fillet Burger Burgar Filléad Sicín in a Toasted Brioche Bun with Plum Chutney & Vine Tomato with Chips and Cajun Mayo 1,3,6,7	€12.95

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- Red Thai Chicken Curry** €14.95
Curaí Sicín Thai Dearg **(ag)(av)**
with Savoury Rice
5,6,7,8,9,10,11,12
- Vegetable Stir Fry** €11.50
Glasraí Suaithfhriochta **(ag)(av)**
in an Oriental Sauce with Egg Noodles
Add Chicken €3.00
1,3,6,7,8,11,12
- Linguini** €14.50
Linguini **(av)**
with Smokey Bacon, Sun blushed Tomatoes &
Parmesan Cheese in a Cream Sauce
Add Chicken €3.00
1,6,7,10,12
- Puy Lentil Casserole** €12.95
Casaról Lintilí
in a Tomato Sauce with Roasted Vegetables
1,3,6,7,8,11,12

Side Orders - Taobh Mhír

- Chips** €3.50
Sceallóga **(ag)(av)**
1,6,12
- Potatoes & Vegetables** €3.50
Prátaí & Glasraí
6,7,9
- Side Salad** €3.75
Sailéad
3,6,10,12
- Onion Rings** €3.50
Fáinne oinniúin
1,6

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Desserts - Milseoga

Homemade Apple Pie Píog Úll with a Vanilla Cream 1,3,7	€4.95
Chocolate Fudge Cake Cáca Seacláid Faoiste 1,3,7	€4.95
Baileys Cheesecake Ciste Cáise Baileys with Raspberry Coulis 1,7,12	€5.50
Selection of Ice Creams Rogha Uachtar Reoite (ag) with Butterscotch Sauce 3,6,7	€4.95
Homemade Lemon Drizzle Cake Cáca Líomóide with a Fruit Compote and Fresh Cream 1,3,7	€3.95
Homemade Fruit Scone Scóna Rísíní with Preserves and Cream 1,3,7,12	€2.95
Cheese Platter Trinsiúr Cáise (ag) Selection of Irish Cheese with a Fruit Chutney & Cheese Biscuits 1,7,8,9,10,12	€9.75

Hot Beverages - Deochanna Te

Tea	€2.00
Herbal Tea	€2.50
Coffee	€2.50
Latte	€3.00
Cappuccino	€2.75
Espresso	€2.35
Hot Chocolate	€3.00
Liqueur Coffees	
Irish Coffee	€6.50
Baileys Coffee	€6.75
French Coffee	€6.75
Calypso Coffee	€6.75

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