

## SNACKS

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Nachos served with sour cream & tomato salsa (MIL,CG,S02) <i>Add chilli for £3.95 extra</i>	£4.95
Selection of olives (S02)	£3.95

## SIDES (All £3 each)

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Hand cut chips (CG)	
Spicy aromatic skinny fries (CG)	
Minted new potatoes (MIL,V)	
Garlic bread (CG,MIL,V)	
Seasonal vegetables (MIL)	
House salad; mixed leaves, tomato, cucumber (S02,M)	
Pesto roasted Mediterranean vegetables (S02,NU,MIL)	

## DESSERTS

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Summer berry pudding with crème Chantilly (CG/S02/MIL)	£5.95
Lemon meringue mess (EG/MIL/S02)	£5.50
Chocolate brownie & vanilla ice cream (MIL/EG/CG)	£4.95
3 scoops of ice cream (MIL/EG)	£3.95
Selection of cakes & scones	from £1.50

## FOOD ALLERGIES AND INTOLERANCES

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Please find below the allergen key for the menu,  
if you need further information please ask a member of staff.

*P = Peanuts, NU = Nuts, CR = Crustaceans, MOL = Molluscs, F = Fish, EG = Egg, MIL = Milk,  
CG = Gluten, SO = Soya, SES = Sesame seeds, CEL = Celery, M = Mustard, LU = Lupin,  
S02 = Sulphur dioxide, V = Vegetarian*

# MENU

## SPORTS BAR

DELICIOUS FOOD  
REFRESHING DRINKS  
GREAT ATMOSPHERE  
WATCH LIVE SPORT  
WEEKLY SPECIALS

## BREAKFAST MENU Breakfast served 10am - 2pm daily

Full English Breakfast <i>2 bacon, 2 sausage, 2 fried egg, mushroom, tomato &amp; black pudding</i> <small>Add beans or tomato fondue £1 each (CG,EG,MIL)</small>	£9.95
Breakfast Baps: <i>Your choice of bacon, sausage or double egg</i> <small>Add extra items £1.00 each (CG,EG,MIL)</small>	£3.95

## SANDWICHES

Smoked salmon, chive & lemon cream cheese, little gem, cucumber & tomato salad on ciabatta <small>(F,CG,MIL,S02,M)</small>	£9.25
Mediterranean vegetable, goats cheese & pesto on griddled ciabatta <small>(MIL,CG,S02,NU)</small>	£8.50
Tuna cheese melt on ciabatta <small>(F,CG,S02,MIL)</small>	£7.95
Prawn, avocado, apple, cucumber & marie rose sauce on ciabatta <small>(CG,CR,S02,EG,MIL)</small>	£8.95
Barnham Club, chicken, bacon, crisp lettuce, sliced boiled egg, tomato, mayonnaise in toasted white or brown bread <small>(CG,EG,MIL,S02,M)</small>	£8.95

## CLASSIC SANDWICHES served on white or brown bread, with crisps

Cheese & pickle <small>(CG,MIL,S02)</small>	£5.95
Tuna mayonnaise & cucumber <small>(F,CG,MIL,S02)</small>	£5.95
Ham & mustard <small>(M,S02,CG,MIL)</small>	£6.95
Prawn marie rose <small>(CR,CG,S02,MIL)</small>	£6.95
Egg mayonnaise & cress <small>(CG,EG,MIL,S02)</small>	£5.95

## JACKET POTATOES

Chilli <small>(CEL,S02,MIL)</small>	£6.50
Tuna mayonnaise <small>(F,MIL,S02,F)</small>	£6.50
Cheddar cheese <small>(MIL)</small>	£6.50
Baked beans <small>(MIL,S02)</small> <small>Add extra topping for £2.00</small>	£5.95

## MAIN COURSES

Honey & mustard roasted ham, free range fried eggs & hand cut chips <small>(CG,M,S02,EG)</small>	£11.50
Crispy beer battered cod, hand cut chips, crushed minted peas, tartar sauce & lemon <small>(CG,MIL,S02,EG,F)</small>	£12.50
Chicken milanese, fries, green beans & free range fried egg <small>(EG,MIL,CG)</small>	£13.50
Homemade mac 'n' cheese, tomato fondue, peppery rocket & parmesan salad <small>(MIL,EG,CG,S02,M,F)</small>	£9.95
Classic beef burger, brioche bun, gem lettuce, beef tomato, red onion & gherkins <small>(CG,S02,M,EG,MIL,SES)</small> <small>Add cheese or bacon £1.00 each</small>	£9.95
Ploughman's Lunch - cheddar cheese & honey roast ham served with homemade pickles & chutney, house salad & griddled ciabatta <small>(CG,CEL,M,S02)</small>	£10.95
Pan fried salmon fillet, new potatoes, Mediterranean vegetables & salsa verdi <small>(F,S02,MIL)</small>	£13.50

## SALADS

	Large/Small
Caesar salad, cos lettuce, rustic croutons, sliced red onion, cauliflower, anchovies, homemade dressing, shaved parmesan <small>(F,MIL,S02,EG,CG)</small> <small>Add chicken or salmon £3.95 each</small>	£8.95/£5.95
Heritage tomato & mozzarella salad, basil pesto, aged balsamic honey & mustard vinaigrette <small>(S02,NU,MIL)</small>	£8.95/£5.95
Seared tuna niçoise salad, green beans, olives, sundried tomatoes, parmentier potatoes & soft boiled egg <small>(F,S02,EG)</small>	£12.95/£8.95
Prawn & avocado, cucumber, tomato & apple salad with a choice of marie rose sauce or lime & chilli dressing <small>(CR,S02,MIL,EG)</small>	£9.95/£6.95
Superfood salad, wild rice, puy lentils, quinoa, chick peas, shaved fennel, parsley mint, baby spinach, topped with charred avocado & tender stem broccoli, cottage cheese, pomegranate & chilli dressing, finished with toasted mixed seeds <small>(MIL,S02,NU)</small> <small>Add chicken or salmon £3.95 each</small>	£9.95/£6.95