



To Start

Soup of the Day (1)

Served with Anne Mac' Famous Soda Bread

€4.95

Creamy Atlantic Seafood Chowder (1,2,3,6,13)

Of Mussels, Smoked Haddock, Shrimp, Cod and Salmon



€7.50

Goats Cheese and Balsamic Red Onion Tartlet (6)

With a Fresh Lemony Rocket Salad

€7.95

Golden Fried Mushrooms in Guinness Batter

Served with Sweet Dill Mayonnaise

€6.50

Stir Fried Garlic & Chilli Atlantic Tiger Prawns (1,4,6)

Served on Slices of Crunchy Warm Crostini

€11.95

* Main Vegetarian Options *

Strand Veggie Special (1,6)

Gratin of Roasted Mixed Peppers, Red Onion, Mushrooms, Basil, Spinach and Topped with California Monterey Jack Cheese, Herb Crumb and Baked in the Oven.

Accompanied with a Light Fresh Seasonal Salad

€14.50

Shepherdless Pie (Vegan) (5,6,12)

This Dish is Derived from an Old Classic and put Together with a Selection of Carrots, Green Beans, Lentils, Chopped Tomatoes, Gentle Spices and Topped with Creamy Mashed Potatoes. (With Soya Milk for Vegan)

€14.50

* From The Land *

Pan Fried Breaded Irish Breast of Parmesan Chicken (1,5,6)

Breast of Organic Chicken Breaded with Parmesan Crumbs, Golden Fried and

Served with a Creamy Lemon and Ginger Sauce served with

Gratinated Potatoes and Seasonal Vegetables or Hand Cut Fries and Salad

€15.95

1/2lb Gourmet Burger (1,5,6,10,13)

Prime Irish Minced Beef with Added 20% Irish Pork for that

Extra Flavour Plus Some gentle spices, Beef

Tomato, Hand Cut Chips and Johnny's Tomato Relish

Bacon 75c / Cheese 75c Topping

€16.50

Jack Kelly's 10oz Irish Sirloin Steak (1,6)

Cooked to Your Liking and Served with Garlic Fried Mushrooms, sautéed Onions and Our Own Home-Made Creamy Whiskey Pepper Corn Sauce or

The Old Favourite Garlic Butter with Hand Cut Fries

Please Allow 20mins For Burger and WD Steaks as Cooked from Fresh

€25.50

All Our Beef and Pork is Supplied by "Jack Kelly Master Butchers" Kilrush Co. Clare



* From The Sea*

The Strand's Famous "Fish N Chips" (1,2,5,10)

Beer Battered Catch of The Day, Mushy Peas, Tartar Sauce, And Hand Cut Chips

€16.50

Freshly Breaded Golden Fried Monkfish Scampi In Panko Crumbs (1,4,5,13)

And Served with A Lemon/Lime Citrus Mayonnaise, Fresh Seasonal Salad
& Hand Cut Fries or Selection of Vegetables

€23.50

Linguine Al Pesto Rosso With Garlic Sautéed Atlantic Prawns (1,4)

This Pasta Dish Is A Fantastic Combination Of Italian
Flavours With Freshly Cooked Linguine Accompanied With A Blend Of Blitzed
Basil, Sundried Tomatoes, Pine Kernels And
Extra Virgin Olive Oil With Some Gentle Seasoning And An
Addition Of Succulent Garlic Prawns.

(Can Be Served Without Prawns; €12.95)

Our fish is supplied by Sea Lyons Seafood Carrigaholt & Star Seafoods

€17.95

Please Ask Your Server About Our Catch of The Day

Side Orders

Homemade Chips	€3.00
Gratinated Potatoes (6)	€3.50
Sliced Potatoes Baked Gently in Garlic Cream with a Hint of Nutmeg and Topped with Cheddar Cheese	
Sautéed Onions or Mushrooms	€3.50
Side Salad	€3.50
Selection of Seasonal Vegetables	€3.50
Ratatouille (When Available)	€3.00

Children's Menu

Jack Kelly's Sausages & Chips (1,9,10,13)	€5.95
Strand Homemade Chicken fingers & Chips (1,5,6)	€6.50
Kids Oven Baked Fish Sticks, Buttered Carrots, Hand Cut Chips (1,2,5,6)	€6.95
Pasta, Garlic bread With Homemade Tomato And Basil Sauce (1,5,13,)	
Kids Ice Cream (6)	€3.00

Homemade Desserts

Luscious Strand Sticky Toffee Pudding (1,5,6,13)

With Freshly Whipped Cream and a Scoop of
Vanilla Ice Cream

Apple and Rhubarb Crunchy Crumble (1,5,6,13)

Served with Creamy Vanilla Ice Cream

Dark Chocolate and Hazelnut Mud Pie (5,6,7) Gluten Free

with Our Own Hot Chocolate Sauce & Vanilla Ice Cream

Sticky Meringue (4,5)

With Fresh Fruit Selection, Whipped Cream And
Raspberry Coulis

Baileys and Chocolate Cheesecake (1,5,6,13)

With Freshly Whipped Cream and Warm Chocolate Sauce

€6.95

Coffees

Italian Espresso

A Short Intensely Flavoured Coffee to Kick Start Your Day

€2.30

Cappuccino

A Chance for Your Favourite Barista to Show Off!!

€2.70

Caffe` Mocha

French Chocolate Conspires with Italian Coffee to Seduce Your Palate

€3.70

Viennese Cappuccino

We Take the Decadence of Caffe Mocha and Cap It with Fresh Whipped Cream

€3.70

Caffe` Latte

An Italian Irish Marriage Made in Heaven But Will It Last

€2.60

Après Ski

A Hot Alpine Chocolate Laced with A Subtle Hint of Hazelnut

€3.70

Allergen numbers list

Allergens: Gluten (1), Fish (2), Molluscs (3), Crustaceans (4), Eggs (5), Dairy (6), Treenuts (7), Peanuts (8), Celery (9), Mustard (10), Sesame (11), Soya (12), Sulphites (13), Lupin (14)

We do our best to prepare dishes free of certain allergens on request.
However, please note that our kitchen is not entirely allergen free and there may be small traces present

Evening Menu